West Lothian Council

SERVING LOCATION	METHOD	Dish Name	Celery and celeriac	Crustaceans	Egg	Fish	Gluten (Barley)	Gluten (Oats)	Gluten (Rye)	Gluten (Wheat)	Lupin	Milk products	Molluscs	Mustard	Nuts (almond)	Nuts (brazil)	Nuts (cashew)	Nuts (hazelnut)	Nuts (macadamia)	Nuts (peanuts)	Nuts (pecan)	Nuts (pistachio)	Nuts (walnut)	Sesame seeds	Soybeans	Sulphites
	STARTER	HOMEMADE LENTIL SOUP																								
	STARTER	BABYBEL CHEESE/ CUCUMBER										■														
	STARTER	TOMATO AND RED PEPPER SOUP	■							■				■											■	
	STARTER	VEGETABLE SAMOSAS/ SPICY ONIONS						■	■	■															■	
	STARTER	BREAD ROLL 2/1 May contain egg,barley,oats,rye and sesame			■		■	■	■	■														■		
	STARTER	VEGETABLE SPRING ROLL/ SWEET CHILLI SAUCE					■	■	■	■															■	
	STARTER	CREAM OF TOMATO SOUP										■														
	STARTER	CREAM CRACKER MAY CONTAIN,EGG,BARLEY,OAT,RYE,MILK,SOYABEAN			■		■	■	■	■		■													■	
	STARTER	LAUGHING COW CHEESE										■														
	STARTER	LEEK AND POTAO SOUP																								
	STARTER	MINI CORN AND COB																								
	STARTER	BREADSTICKS May contain.soya.sesame seeds, soya beans					■	■	■	■														■	■	
	STARTER	SCOTCH BROTH					■																			
	STARTER	GARLIC AND PARSLEY BITES May contain soya					■	■	■	■		■													■	
	MEAL	BREADED HADDOCK				■				■																
	MEAL	FROZEN CHIPS																								
	MEAL	PEAS																								
	MEAL	VEGETARIAN SAUSAGE ROLL May contain Milk or milk products					■	■	■	■		■														
	MEAL	MASHED POTATOES																								
	MEAL	BAKED BEANS																								
	MEAL	50/50 KINGSMILL BREAD					■	■	■	■															■	
	MEAL	SLICED CHICKEN																								
	MEAL	TUNA MAYONAISE			■	■																				
	MEAL	CUCUMBER																								
	MEAL	PINAPPLE SALAD																								
	MEAL	ROAST CHICKEN																								
	MEAL	YORSHIREPUDDING			■		■	■	■	■		■														
	MEAL	BOILED POTATO																								
	MEAL	BROCCOLI / CAULIFLOWER																								
	MEAL	BAKED POTAO																								
	MEAL	QUORN MAYONAISE			■																					
	MEAL	GREEN SALAD																								
	MEAL	TOMATO TORTILLA WRAP					■	■	■	■																
	MEAL	CHEESE										■														
	MEAL	SLICED HAM																								
	MEAL	PITTA BREAD May contain milk or soya					■	■	■	■		■													■	
	MEAL	CHICKEN TIKKA STRIPS										■														
	MEAL	COLESLAW			■																					

PRIMARY / NURSERY

MEAL	MIXED SALAD																							
MEAL	MACARONI CHEESE																							
MEAL	TOMATO																							
MEAL	BEEF HOT POT																							
MEAL	VEGETABLE DHANSAK																							
MEAL	CHAPATI																							
MEAL	FINGER ROLL May contain,sesame or sesame seeds																							
MEAL	GRATED CARROT SALAD																							
MEAL	CHICKEN LINK SAUSAGE/ GRAVY																							
MEAL	MASHED POTATOES																							
MEAL	CABBAGE																							
MEAL	VEGETABLE CHILLI																							
MEAL	TACO SHELL																							
MEAL	CARROT AND APPLE, SULTANA SALAD																							
MEAL	ROAST BEEF																							
MEAL	BABY POTATO																							
MEAL	THAI VEGETABLE NOODLES																							
MEAL	ROASTED VEGETABLES																							
MEAL	CHICKEN CURRY																							
MEAL	BOILED RICE																							
MEAL	GREENBEANS																							
MEAL	TOMATO, ONION AND BASIL SALAD																							
MEAL	EGG MAYONAISE																							
MEAL	SALMON FILLET																							
MEAL	CHEESE TOMATO PIZZA																							
MEAL	SWEETCORN																							
MEAL	KETCHUP																							
MEAL	FISH GOUJONS																							
MEAL	PASTA BAKE																							
MEAL	GARLIC BREAD May contain soya																							
MEAL	MINCE																							
MEAL	CARROTS																							
MEAL	POTATO WEDGES																							
MEAL	SWEET CHILLI CHICKEN FILLET																							
MEAL	GARLIC NOODLES																							
MEAL	QUORN FRANKFURTER																							
MEAL	MANGETOUT																							
MEAL	CHIPS																							
MEAL	STEAK PIE																							
MEAL	BROCCOLI																							
MEAL	VEGETABLE SWEET AND SOUR																							
MEAL	TUNA SANDWICH																							
MEAL	CHEESE SANDWICH																							
MEAL	HAM SANDWICH																							

DESSERT	FROMAGE FRAIS										■													
DESSERT	BANANA																							
DESSERT	PEACH MELBA CAKE May contain egg, soya beans			■		■	■	■	■		■												■	
DESSERT	CUSTARD										■													
DESSERT	SATSUMA																							
DESSERT	FRUIT JELLY																							
DESSERT	GRAPES																							
DESSERT	VANILLA ICE CREAM										■													
DESSERT	MELON																							
DESSERT	CHOCOLATE/ CINNAMON SHORTBREAD			■		■	■	■	■															
DESSERT	APPLE																							
DESSERT	STRAWBERRIES																							
DESSERT	CHOCOLATE ICE CREAM										■													
DESSERT	YOGURT										■													
DESSERT	APPLE AND BLUEBERRY SPONGE May contain, egg , sova beans			■		■	■	■	■		■												■	
DESSERT	PEARS																							
DESSERT	TROPICAL FRUIT SALAD																							
DESSERT	PLUM																							
DESSERT	NECTARINE																							

West Lothian Council

BREADS AND FILLINGS

BREADS	BAGEL					■		■	■															
BREADS	WHITE MORNING ROLL					■	■	■	■														■	
BREADS	BROWN MORNING ROLL					■	■	■	■														■	
FILLING	GRATED CHEDDAR										■													
FILLING	EGG MAYO			■									■											
FILLING	TUNA MAYO			■	■								■											

West Lothian Council

HIGH SCHOOLS

STARTER	YELLOW SPLIT PEA SOUP																							
STARTER	PEARS																							
STARTER	SCOTCH BROTH					■			■															
STARTER	APPLE																							
STARTER	LENTIL SOUP																							
STARTER	GRAPES																							
STARTER	MINESTRONE SOUP	■				■	■	■																
STARTER	HONEYDEW MELON																							
STARTER	BANANA																							
STARTER	FLAPJACK					■	■																	
STARTER	SPICY LENTIL SOUP																							
STARTER	PINEAPPLE																							
STARTER	HOMEMADE VEGETABLE SOUP																							
STARTER	WATERMELON																							
STARTER	HOMEMADE ITALIAN TOMATO SOUP	■							■															
STARTER	CARROT LENTIL SOUP																							
STARTER	FRESH FRUIT SALAD																							

HIGH SCHOOLS

STARTER	HOMEMADE BROCOLLI SOUP																								
MEAL	BREADED HADDOCK				■				■																
MEAL	BASIC MIXED SALAD																								
MEAL	CHIPS																								
MEAL	HOMEMADE MACARONI CHEESE					■	■	■			■														
MEAL	GARLIC AND HERB BREAD					■	■	■			■														
MEAL	MINCE BOLOGNAISE																								
MEAL	SPAGHETTI					■	■	■																	
MEAL	CHEDDAR CHEESE										■														
MEAL	THAI VEGETARIAN NOODLES			■		■	■	■																	■
MEAL	CHILLI CHICKEN																								
MEAL	LONG GRAIN RICE																								
MEAL	COLESLAW			■																					
MEAL	BAKED POTATOES																								
MEAL	STEWED STEAK																								
MEAL	MASHED POTATO																								
MEAL	PASTRY SQUARE					■	■	■																	
MEAL	VEGETABLE DHANSAK					■							■												
MEAL	PITTA BREAD WHOLEMEAL					■	■	■																	
MEAL	CHICKEN MAYONNAISE			■																					
MEAL	WHOLEMEAL HOGGIE					■	■	■	■																■
MEAL	KINGSMILL BREAD 50/50					■	■	■																	■
MEAL	BRAKES POTATO WEDGES																								
MEAL	SALMON NIBBLES				■	■	■	■	■																
MEAL	PASTA WITH SPICY TOMATO SAUCE					■	■	■			■														
MEAL	CHICKEN DANSAK					■																			
MEAL	TOMATO TORTILLA WRAP					■	■	■																	
MEAL	SWEETCORN																								
MEAL	VEGETABLE COTTAGE PIE										■														
MEAL	YORKSHIRE PUDDING			■		■	■	■			■														
MEAL	GRAVY																								
MEAL	ROAST BEEF																								
MEAL	VEGETABLE SWEET & SOUR					■	■	■																	■
MEAL	GARLIC NOODLES			■		■	■	■																	■
MEAL	CHICKEN WITH PASTA					■	■	■	■		■		■												
MEAL	CORONATION QUORN			■									■												
MEAL	CHICKEN FAJITA WRAPS																								
MEAL	QUORN CHILLI			■		■																			
MEAL	TACO SHELLS																								
MEAL	BABY BOILED POTATOES																								
MEAL	ROAST CHICKEN																								
MEAL	HOMEMADE BEEF CURRY												■												
MEAL	FRESH PASTA								■																
MEAL	BASIL																								

MEAL	DICED MIXED VEGETABLES																							
MEAL	MINCE																							
MEAL	SAVOURY VEGETABLE PASTA																							
DRINK	MILK																							