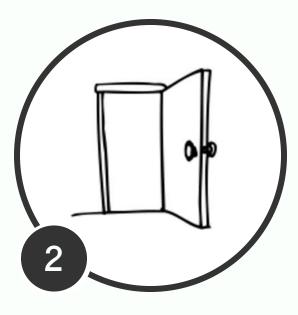
## **Counselling Support & Active Listening**

If you think counselling or active listening would help you .....



## Exchange Counselling referrals

Our school counsellors offer one to one counselling. During school closure counselling will continue by telephone. To be referred contact your Head of House, Pupil Support Manager or Year Head amanda.mcrorie@westlothian.org.uk jamie.connelly@westlothian.org.uk lindsey.mcfadyen1@westlothian.org.uk ellis.mckay@westlothian.org.uk grace.burns@westlothian.org.uk john.fleming@westlothian.org.uk



## Exchange Counselling Drop in

Contact Exchange Counselling directly on: 0800 970 3980



## **Listening Service**

Many pupils feel very supported by the opportunity to talk out the things that concern them. While school is closed you can still contact Rev Chris Galbraith on 01506 652 715